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The significance of determining biomarkers of inflammation in chronic kidney failure

Značaj određivanja biomarkera zapaljenja u hroničnoj bubrežnoj slabosti

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Abstract

Background/Aim. Inflammation is the main cause of the onset, progression, and outcome of chronic kidney disease (CKD). The aim of the study was to examine the predictive value of inflammatory biomarkers in patients with CKD stages I-V and their association with parameters characteristic of CKD. Methods. A cross-sectional study analyzed 117 adult patients with CKD who were divided into two groups according to the glomerular filtration rate (GFR): Group 1, with normal to mild impairment of renal function (GFR \ge 60 mL/min/1.73 m²), stages I and II, and Group 2 with moderate and severe impairment of renal function $(GFR < 60 \text{ mL/min}/1.73 \text{ m}^2)$, stages III, IV, and V, who have not started dialysis treatment. In addition to standard laboratory analyses, we determined derived parameters in patients, neutrophil-lymphocyte ratio (NLR), platelet- lymphocyte ratio (PLR), systemic immune-inflammation index (SII), and system inflammation response index (SIRI), as markers of inflammation. Results. A statistically significant difference between Groups 1 and 2 was observed for body mass index (p < 0.003), for platelets, hemoglobin, creatinine,

Apstrakt

Uvod/Cilj. Zapaljenje ima ključnu ulogu u razvoju, progresiji i ishodu hronične bolesti bubrega (HBB). Cilj rada bio je da se ispita prediktivna vrednost biomarkera zapaljenja kod bolesnika sa HBB stadijuma I–V i njihova povezanost sa parametrima karakterističnim za HBB. **Metode**. Studijom preseka analizirano je 117 odraslih bolesnika sa HBB koji su na osnovu brzine glomerulske filtracije (glomerular filtration rate – GFR) podeljeni u dve grupe: Grupu 1, sa normalnom do slabo redukovanom bubrežnom funkcijom (GFR ≥ 60 mL/min/1,73 m²) stadijum I i II i Grupu 2, sa umerenim i teškim smanjenjem bubrežne funkcije (GFR < 60 mL/min/1,73 m²), stadijum III, IV i V koji nisu započeli lečenje dijalizom. Pored urea, acidum uricum, iron, phosphorus, parathyroid hormone, and proteinuria 24 hrs (p < 0.001), for calcium (p < 0.031) and leukocytes (p < 0.030). By analyzing the values of NLR, PLR, SII, and SIRI in patients with CKD, a statistically significant difference (p < 0.001) was observed between the groups; the values were elevated in Group 2. NLR, PLR, and SII showed statistical significance for essential parameters in CKD (C-reactive protein, creatinine, GFR, hemoglobin, calcium, phosphorus, parathyroid hormone) and SIRI showed statistical significance for phosphorus in Group 2. The most sensitive was NLR at 87.7%, and PLR had the highest specificity, at 81.7%, with cut-off values for PLR - 151.75, NLR - 2.06, SII - 493.57, and SIRI - 0.739. Conclusion. Our results indicate that the detection of biomarkers NLR, PLR, SII, and SIRI could have a significant role in predicting inflammation in patients with CKD and would contribute to the timely recognition of patients at risk of developing complications.

Key words:

biomarkers; glomerular filtration rate; inflammation; renal insufficiency, chronic.

standardnih laboratorijskih analiza, kao markeri zapaljenja, određeni su izvedeni parametri: odnos neutrofila prema limfocitima (*neutrophil-lymphocyte ratio* – NLR), odnos trombocita prema limfocitima (*platelet-lymphocyte ratio* – PLR) i indeksi zapaljenja systemic immune-inflammation index – SII i system inflammation response index – SIRI. **Rezultati**. Utvrđena je statistički značajna razlika između Grupa 1 i 2 za indeks telesne mase (p < 0,003), za trombocite, hemoglobin, kreatinin, ureu, mokraćnu kiselinu, gvožđe, fosfor, paratiroidni hormon, kao i za 24-satnu proteinuriju (p < 0,001), zatim za kalcijum (p < 0,031) i leukocite (p < 0,030). Analiziranjem NLR, PLR, SII i SIRI kod bolesnika sa HBB uočena je statistički značajna razlika (p < 0,001) između grupa; povišene vrednosti ovih markera pokazane su kod bolesnika u Grupi 2. NLR, PLR

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i SII su pokazali statističku značajnost za važne parametre u HBB (C-reaktivni protein, kreatinin, GFR, hemoglobin, kalcijum, fosfor, paratiroidni hormon), a SIRI je pokazao statističku značajnost za fosfor u Grupi 2. Najsenzitivniji je bio NLR sa 87,7%, a najveću specifičnost imao je PLR – 81,7%, uz *cut-off* vrednosti za PLR – 151,75, NLR – 2,06, SII – 493,57 i SIRI – 0,739. **Zaključak**. Naši rezultati ukazuju da bi detekcija biomarkera NLR, PLR, SII i SIRI

Introduction

Chronic kidney disease (CKD) occurs in all age groups, with a prevalence of 9.1%, which tends to increase, and data indicate that it will become the fifth leading cause of death by 2040^{1, 2}. CKD represents damage to the structure and/or function of the kidneys that lasts at least three months, with a glomerular filtration rate (GFR) < 60 mL/min/1.73 m², where microalbuminuria, proteinuria, and pathological urine sediment indicate significant kidney damage ³. According to the GFR, there are five stages of CKD.

In patients with CKD, inflammatory processes, which are significant elements of increased morbidity and mortality, are manifested very early. Inflammatory tissue remodeling precedes and characterizes the progression of CKD, leading to fibrous changes, loss of kidney function, and numerous complications such as atherosclerosis and cardiovascular diseases (CVDs) 2, 4. Determination of biomarkers of inflammation (BI) in patients with CKD is of great importance, bearing in mind that CVDs take a significant percentage (45%) of the cause of lethal outcomes already in the early stages of CKD 4-9. In patients with CKD, cardiovascular system complications are the most common cause of morbidity and mortality. Acute myocardial infarction is observed in 30%–40% of patients with CKD ¹⁰. Early detection of inflammatory processes is important in patients with CKD. Recently, four new BI potentially crucial in daily practice have been described: neutrophil-lymphocyte ratio (NLR), platelet-lymphocyte ratio (PLR), systemic immuneinflammation index (SII), and system inflammation response index (SIRI) 5-9, 11-14. Elevated values of NLR and PLR are associated with the progression of CKD towards the end stage and with a high mortality rate 7-9, 11-13, and SIRI have a higher predictive value than other BI and indices in predicting cardiovascular events 14, 15.

The aim of the study was to examine the potential predictive role of BI in patients with CKD stage I–V and their association with parameters characteristic of CKD.

Methods

The cross-sectional study included 117 adult patients with CKD, stages I–V, who did not start the dialysis procedure. Their average age was 56.97 ± 10.16 years; 63 (53.85%) were male and 54 (46.15%) female. The study was conducted according to the provisions of the Declaration of Helsinki, approved by the Ethics Committee of the Military Medical Academy, Belgrade, Serbia (No. 3000-1, from March 13,

mogla imati značajnu ulogu u predviđanju zapaljenja u obolelih od HBB i doprineti blagovremenom prepoznavanju bolesnika sa rizikom od nastanka komplikacija.

Ključne reči:

biomarkeri; glomerulska filtracija, brzina; zapaljenje; bubreg, hronična insuficijencija.

2014). GFR was determined according to the CKD estimate GFR (eGFR) formula based on serum creatinine values ¹⁶. We divided patients into two groups according to GFR. In Group 1, there were 60 patients with normal to mild impairment of renal function (GFR \geq 60 mL/min/1.73 m²), stages I and II, with the existence of one or more parameters of kidney damage (microalbuminuria, proteinuria, pathological urine sediment, or disorder of renal structures revealed by the visualization method). In Group 2, there were 57 patients with moderate and severe impairment of renal function (GFR < 60 mL/min/1.73 m²), stages III, IV, and V, who had not started the dialysis treatment.

Patients excluded from the study were those with the following: acute myocardial infarction, cerebrovascular insult, with a diagnosis of inflammatory disease (pneumonia, bronchitis, rhinitis, angiitis, pancreatitis, cholangitis, cholecystitis, allergic dermatitis, urinary infection), with immunosuppressive therapy of malignant disease, and with data about a primary surgical intervention in the last six months.

Parameters determined for all respondents were body mass index (BMI) (normal 18.5–24.9 kg/m², overweight 25– 29.9 kg/m², obese \geq 30 kg/m²) and smoking status. Blood samples for laboratory analysis were taken in the morning, after 12 hrs of fasting. The following were determined: blood count (BC) and differential BC, C-reactive protein (CRP), glucose, urea, creatinine, uric acid, total proteins, albumins, cholesterol, triglycerides, calcium (Ca), phosphorus (P), hemoglobin (Hb), iron (Fe), vitamin D3, parathyroid hormone (PTH); 24-hr proteinuria and urine culture were determined in the urine. Complete BC was performed on an ADVIA® 120 device using flow cytometry, and biochemical analyses were performed on an ADVIA® 1800 device using spectrophotometry. We determined BI (NLR, PLR, SII, and SIRI) in all patients from the BC. NLR was calculated by dividing the absolute number of neutrophils by the absolute number of lymphocytes. PLR was calculated from the ratio of platelets to lymphocytes. SII was obtained based on the form SII = platelet count $(10^{9}/L) \times$ neutrophil count $(10^{9}/L) /$ lymphocyte count (10⁹/L), and SIRI = neutrophil count (10⁹/L) \times monocyte count $(10^{9}/L)$ / lymphocyte count $(10^{9}/L)$.

Statistical analysis

The data were analyzed using the Statistical Package for the Social Sciences IBM-SPSS, version 26.0. Categorical variables were presented as frequency and were analyzed using the Chi-square test. All continuous variables are presented as mean \pm standard deviation. The Kolmogorov-Smirnov test was used to test the normality of data distribution. For intergroup comparisons, the Independent samples *t*-test for parametric variables was used. For testing the relationship between variables, Pearson's correlation was used.

Optimal thresholds (cut-off values) of biomarker values (NLR, PLR, SII, SIRI) were determined using the receiver operating characteristic (ROC) curve analysis. The sensitivity, specificity, and cut-off values for NLR, PLR, SII, and SIRI in patients with CKD were obtained. The ROC curve comparisons were performed to verify variations in sensitivity and false positive fractions (1 – specificity) of BI using overall cut-offs. Statistical significance was defined as p < 0.05 for all comparisons.

Results

In our patients, the underlying kidney diseases were arterial hypertension -44 (37.6%), chronic glomerulonephritis -27 (23.0%), diabetes mellitus -16 (13.7%), polycystic kidney disease -14 (12.0%), renal calculus -12 (10.3%), and tubulointerstitial nephritis (TIN) -4 (3.4%).

Demographic and laboratory data of patients with CKD are shown in Table 1, which shows individual parameters

concerning GFR (Group 1: GFR $> 60~mL/min/1.73~m^2$; Group 2: GFR $\leq 60~mL/min/1.73~m^2$) and summary parameters of patients.

Comparing age, gender, BMI, and smoking status, a statistically significant difference was observed only for BMI (p < 0.003). Observing the laboratory analyses, statistical significance (p < 0.001) was observed between the groups for platelets, Hb, creatinine, urea, acidum uricum, Fe, P, PTH, and proteinuria 24 hr, p < 0.031 for Ca and p < 0.030 for white blood cells (Table 1).

An analysis of BI values – NLR, PLR, SII, and SIRI – in patients with CKD showed a statistically significant difference (p < 0.001) between the groups. Elevated values of these markers were found in patients in Group 2 with a more severe degree of renal function impairment (Table 2).

Correlation of NLR, PLR, SII, and SIRI and significant parameters in Group 2 are presented in Table 3. A statistically significant correlation was obtained for NLR, PLR, and SII according to CRP, renal function parameters (creatinine and GFR), as well as according to Hb, Ca, and P. NLR and PLR statistically significantly correlated with PTH, and NLR and SII significantly correlated with Fe. SIRI correlated statistically significantly only with P, while the other parameters had no statistical significance.

Table 1

| Parameters | Reference All patients | | Group 1 | Group 2 | - volue | |
|----------------------------------|------------------------|-----------------------|-----------------------|-----------------------|-----------------|--|
| | range | (n = 117) | (n = 60) | (n = 57) | <i>p</i> -value | |
| Age (years) | | 56.97 ± 10.16 | 56.22 ± 12.08 | 57 ± 12 | 0.770 | |
| Men/women | | 63 (53.84)/54 (46.15) | 32 (53.33)/28 (46.66) | 31 (54.38)/26 (45.61) | 1.000 | |
| BMI (kg/m ²) | | 26.26 ± 3.29 | 25.33 ± 3.16 | 27.19 ± 3.43 | 0.003 | |
| Smokers | | 44 (37.6) | 18 (30) | 26 (45.61) | 0.081 | |
| CRP (g/L) | 0.00 - 4.00 | 2.78 ± 2.01 | 2.50 ± 1.54 | 3.07 ± 2.39 | 0.172 | |
| RBC (×10 ¹² /L) | 4.50-6.50 | 4.88 ± 3.64 | 4.85 ± 0.38 | 4.91 ± 5.23 | 0.934 | |
| Hb (g/L) | 1.30-1.80 | 130.09 ± 18.82 | 139 ± 10.15 | 120.44 ± 20.97 | < 0.001 | |
| WBC (×10 ⁹ /L) | 4-11 | 6.62 ± 1.95 | 6.24 ± 1.64 | 7.01 ± 2.17 | 0.030 | |
| PLT (×10 ³ / μ L) | 160-370 | 240.44 ± 79.44 | 215.98 ± 51.21 | 266.18 ± 94.84 | < 0.001 | |
| Urea (mmol/L) | 2.50-7.50 | 14.80 ± 13.64 | 5.63 ± 1.42 | 16.08 ± 8.00 | < 0.001 | |
| Creatinine (µmol/L) | 62-115 | 184.15 ± 164.00 | 76.73 ± 13.58 | 296.95 ± 171.27 | < 0.001 | |
| Acidum uricum (mmol/L) | 220-547 | 397.04 ± 104.08 | 357.93 ± 96.95 | 438 ± 96 | < 0.001 | |
| Cholesterol (mmol/L) | | | | | | |
| preferably | < 5.2 | | | | | |
| borderline risk | 5.2-6.2 | 5.14 ± 1.11 | 5.31 ± 1.09 | 4.91 ± 1.14 | 0.084 | |
| risk | > 6.2 | | | | | |
| Triglycerides (mmol/L) | | | | | | |
| preferably | < 1.7 | | | | | |
| borderline risk | 1.7-2.3 | 1.82 ± 0.98 | 1.86 ± 1.14 | 1.76 ± 0.77 | 0.971 | |
| risk | > 2.3 | | | | | |
| Iron (µmol/L) | 11–31 | 14.33 ± 6.18 | 16.27 ± 6.10 | 12.30 ± 5.63 | < 0.001 | |
| Calcium (mmol/L) | 2.15-2.60 | 2.37 ± 0.15 | 2.40 ± 0.10 | 2.34 ± 0.18 | < 0.031 | |
| Phosphorus (mmol/L) | 0.78 - 1.65 | 1.16 ± 0.29 | 1.02 ± 0.148 | 1.29 ± 0.32 | < 0.001 | |
| PTH (pmol/L) | 1.30-9.30 | 16.03 ± 21.54 | 5.66 ± 2.33 | 26.15 ± 26.40 | < 0.001 | |
| Vitamin D (nmol/L) | | | | | | |
| severe deficiency | < 25 | | | | | |
| mild deficiency | 25-50 | 65.99 ± 27.64 | 69.00 ± 25.15 | 62.49 ± 29.64 | 0.202 | |
| insufficiency | 50-75 | 03.99 ± 21.04 | 09.00 ± 23.13 | 02.49 ± 29.04 | 0.202 | |
| recommended | > 75 | | | | | |
| Proteinuria (g/24 hr) | 0.00-0.150 | 0.73 ± 0.97 | 0.32 ± 0.47 | 1.15 ± 1.13 | < 0.001 | |

Demographic and laboratory parameters of patients with chronic kidney disease

BMI – body mass index; CRP – C-reactive protein; RBC – red blood cells; Hb – hemoglobin; WBC – white blood cells; PLT – platelets; PTH – parathyroid hormone. Values are given as mean ± standard deviation or numbers (percentages).

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Table 2

Parameters of inflammation in patients with chronic kidney diseases

| Parameter | *Group 1 (n = 60) | **Group 2 (n = 57) | <i>p</i> -value |
|----------------------------------|---------------------|---------------------|-----------------|
| Neutrophils (10 ⁹ /L) | 3.66 ± 1.31 | 4.57 ± 1.74 | 0.002 |
| Lymphocytes (10 ⁹ /L) | 1.83 ± 0.55 | 1.63 ± 0.7 | 0.063 |
| Monocytes (10 ⁹ /L) | 0.40 ± 0.12 | 0.57 ± 0.72 | 0.078 |
| NLR | 2.13 ± 0.98 | 2.98 ± 1.03 | < 0.001 |
| PLR | 125.61 ± 36.30 | 175.43 ± 66.69 | < 0.001 |
| SII | 451.82 ± 204.43 | 802.50 ± 447.36 | < 0.001 |
| SIRI | 0.88 ± 0.65 | 1.68 ± 1.99 | < 0.001 |

NLR – neutrophil-to-lymphocyte ratio; PLR – platelet-to-lymphocyte ratio; SII – systemic immune-inflammation index; SIRI – system inflammation response index.

Note: *glomerular filtration rate (GFR) \geq 60 mL/min/1.73 m²; **GFR < 60 mL/min/1.73 m².

Table 3

Correlation of NLR, PLR, SII, and SIRI and significant parameters in patients with GFR < 60 mL/min/1.73 m²

| Param | eter | BMI | CRP | CRE | GFR | Hb | Fe | Ca | Р | PTH | Proteinuria |
|-------|---------------------|--------|-------|-------|--------|--------|--------|--------|-------|-------|-------------|
| NLR | Pearson Correlation | -0.134 | 0.362 | 0.368 | -0.271 | -0.302 | -0.269 | -0.334 | 0.328 | 0.337 | 0.072 |
| | Sig. | 0.321 | 0.006 | 0.005 | 0.041 | 0.022 | 0.043 | 0.011 | 0.013 | 0.010 | 0.595 |
| PLR | Pearson Correlation | -0.111 | 0.375 | 0.467 | -0.346 | -0.375 | -0.221 | -0.446 | 0.329 | 0.400 | 0.131 |
| | Sig. | 0.411 | 0.004 | 0.000 | 0.008 | 0.004 | 0.098 | 0.001 | 0.013 | 0.002 | 0.331 |
| SIL | Pearson Correlation | -0.045 | 0.493 | 0.500 | -0.333 | -0.335 | -0.260 | -0.262 | 0.447 | 0.150 | -0.070 |
| | Sig. | 0.740 | 0.000 | 0.000 | 0.011 | 0.011 | 0.050 | 0.049 | 0.000 | 0.265 | 0.604 |
| SIRI | Pearson Correlation | 0.014 | 0.011 | 0.234 | -0.219 | -0.074 | -0.016 | -0.085 | 0.274 | 0.074 | 0.224 |
| | Sig. | 0.917 | 0.935 | 0.080 | 0.101 | 0.583 | 0.907 | 0.530 | 0.039 | 0.582 | 0.094 |

CRE – creatinine; Fe – iron; Ca – calcium; P – phosphorus; PTH – parathyroid hormone. For other abbreviations, see Tables 1 and 2.

Table 4

Receiver operating characteristic curve analysis of NLR, PLR, SII, and SIRI

| Variable | AUC | Asymptotic sig. – | Asymptoti | ic 95% CI | Sensitivity | Specificity | Cut-off value |
|----------|-------|-------------------|-------------|-------------|-------------|-------------|---------------|
| | AUC | | lower bound | upper bound | Sensitivity | | |
| NLR | 0.766 | 0.000 | 0.680 | 0.853 | 87.7 | 58.3 | 2.06 |
| PLR | 0.758 | 0.000 | 0.671 | 0.845 | 66.7 | 81.7 | 151.75 |
| SII | 0.818 | 0.000 | 0.741 | 0.895 | 86.0 | 68.3 | 493.57 |
| SIRI | 0.725 | 0.000 | 0.634 | 0.816 | 86.0 | 51.7 | 0.739 |

AUC – area under the receiver operating characteristic curve; CI – confidence interval; sig. – significance. For other abbreviations, see Table 2.



Fig. 1 – Receiver operating characteristic (ROC) curve of NLR, PLR, SIRI, SII for Group 2. For abbreviations, see Table 2.

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The ROC analysis of the NLR, PLR, SIRI, and SII are shown in Table 4 and Figure 1. The area under the ROC curve (AUC) value of the NLR was 0.766, and the best cutoff value was 2.06 (p = 0.000). The AUC value of the PLR was 0.758, and the best cut-off value was 151.75 (p = 0.000). The AUC value of the SIRI was 0.725, and the best cut-off value was 0.739 (p = 0.000). The AUC value of the SII was 0.818, and the best cut-off value was 493.57 (p = 0.000).

Discussion

Inflammatory processes underlying the formation and rupture of atherosclerotic plaque, the formation of thrombus, and the subsequent development of cardiovascular complications have a proven influence on the development and progression of CKD ^{17–21}. Chronic inflammation causes in CKD are numerous (uremia, oxidative stress, infections, dyslipidemia, malnutrition, hypervolemia, dialysis) ²². According to the results and investigations of previous studies, NLR, PLR, SII, and SIRI can be considered promising BI, progression, and predictors of mortality in patients with CKD ²³. Studies that included patients with different stages of CKD before the start of dialysis focused mainly on NLR and PLR markers. At the same time, the results for SII and SIRI were published somewhat less often and more often in patients with higher and lower GFR values, a statistically significant difference (p < 0.001) was obtained for the biomarkers NLR, PLR, SII, and SIRI, which had elevated values in the group with lower GFR .

Comparing NLR and PLR in patients with CKD, several authors found that PLR is a better BI than NLR and a superior predictor of mortality in patients with CKD ^{4, 24}.

Our results indicated that both NLR and PLR statistically significantly correlated with parameters significant for CKD (CRP, creatinine, GFR, Hb, Ca, P, PTH), where the significance was more pronounced for PLR. However, unlike PLR, NLR statistically significantly correlated with Fe. Looking at SII in correlation with parameters significant in CKD, it is possible to see that it indicates statistical significance to CRP, creatinine, GFR, Hb, Ca, P, and Fe, indicating systemic inflammation in our patients. Similar results indicated that these biomarkers' association with inflammation was observed in studies focusing on patients with heart failure, autoimmune diseases, neurological disorders, etc. ^{10, 25, 27, 28}.

In a study that included 85 patients with different stages of CKD (not on dialysis), Brito et al. ¹¹ found increased values of NLR and PLR in patients with elevated high-sensitivity (hs)-CRP compared to the group of patients with hs-CRP within reference limits. In the same group of patients, a positive correlation between PLR and hs-CRP was observed. Similar results were observed by Li et al. ²⁴, indicating a positive correlation of both NLR and PLR with hs-CRP in a group of 611 patients with CKD in the terminal stage of renal failure. The correlation between CRP and NLR, SII, and SIRI was observed in patients with acute lupus nephritis and heart failure ^{27, 28}.

Analyzing the association of elevated values of BI with creatinine values, Toraman et al. ²⁹ observed a positive correlation between NLR and creatinine in the studied group of 301 patients with CKD, indicating that an increase in inflammation leads to an increase in renal weakness and a negative correlation for NLR and PLR according to Hb and cholesterol.

We obtained similar results in our study. NLR, PLR, and SII correlated positively with creatinine and negatively with Hb. An increase in NLR, PLR, and SII is related to decreased Hb concentration and worsening of anemia in our patients. Moreover, these BI were related to an increase in creatinine and progression of renal failure.

Examining the association between SII and SIRI and mortality from all causes and cardiovascular mortality in 42,875 adult subjects, Xia et al.³⁰ observed that elevated values of SII and SIRI were significantly associated with lower levels of GFR.

In contrast to this study, in our patients, there was a correlation of NLR, PLR, and SII with elevated serum creatinine values and lower GFR values, but not for the SIRI.

The connection between inflammation and anemic syndrome in CKD has been confirmed in many studies, so the increased value of NLR and PLR in patients with CKD is described as having a negative correlation with the anemia parameters ³¹.

Considering that elevated NLR and PLR values were also registered in patients with resistance to erythropoietin, Valga et al. ³² indicate that NLR and PLR can be used as markers for monitoring resistance to erythropoietin. Our study also determined the association of NLR, PLR, SII, and anemia parameters.

Examining the relationship between markers of renal osteodystrophy and BI in patients with CKD, a positive correlation was observed in the relationship of PTH with NLR and PLR, which is independent of GFR and suggests that PTH could be a pro-inflammatory parameter independent of the degree of renal failure ^{29, 33, 34}.

Furthermore, many authors have recently noticed a correlation between reduced vitamin D values and elevated BI values. One of the first studies related to the association between vitamin D concentration and the indices SII and SIRI, by Dziedzic et al. ^{35, 36} indicates a correlation between the concentration of vitamin D and the SII and SIRI as markers of inflammation significant in atherogenesis ^{35, 36}.

The correlation of BI with parameters of renal osteodystrophy in our subjects with CKD verified the statistical significance of all four biomarkers with P (NLR, PLR, SII, and SIRI), three with Ca (NLR, PLR, and SII), and only two with PTH (NLR and PLR). None of the BI had statistical significance with vitamin D, probably because most subjects were on vitamin D therapy starting from stage III of CKD.

According to previous studies, there is no established standard threshold value of BI for an increased risk of an unfavorable outcome. Our results for NLR and PLR indicate that NLR sensitivity is 87.7% and specificity 58.3% and PLR sensitivity is 66.7% and specificity 81.7%. Our results are similar to those of Brito et al.¹¹, who, by examining BI in patients with CKD who are not on dialysis, indicated that the cut-off value for NLR (with 76.19% sensitivity and 48.44% specificity) was 1.98 and for PLR (with 85.71% sensitivity and 51.56% specificity) the cut-off value was 116.6. Similar results were also noted by Aneez et al.¹³ in a study that included 85 subjects with proteinuria and CKD. The sensitivity of NLR according to the stages was as follows: for stage IIIa, it was 91.4%; for IIIb, it was 92.6%; for stage IV, it was 89.7%. The specificity of NLR was the following: for stage IIIa, 86.7%; for IIIb, 87.11%; for stage IV, 89.3%. The sensitivity of PLR was: for stage IIIa, 81.4%; for IIIb, 94.4%; for stage IV, 89.7%. The specificity of PLR was: for stage IIIa, 89.0%; for IIIb, 90.36%; for stage IV, 85.7%. The AUC for NLR was as follows: for IIIa, 0.976; for IIIb, 0.965; for stage IV, it was 0.962. The AUC for PLR was: for IIIa, 0.938; for IIIb, 0.981; for stage IV, 0.968.

The association of BI (NLR, PLR, SII, SIRI) and CKD is most often described in hemodialysis patients and less so in predialysis patients. 37. Tonyali et al. ³⁷ were the first to publish a study on the predictive value of NLR on GFR in patients after partial or radical nephrectomy. NLR values were higher in patients with GFR < 60 mL/min/1.73 m² compared to the control group. The cut-off value for NLR was 3.18, with 39% sensitivity and 81% specificity.

By analyzing the statistical correlation in our group of patients, we observed that all four investigated BI (NLR, PLR, SII, and SIRI) in patients with CKD had statistical significance in Group 2 (p = 0.001); the most sensitive was NLR with 87.7%. The highest specificity was for PLR with 81.7%, with threshold values for PLR – 151.75, NLR – 2.06, SII – 493.57, and SIRI – 0.739. By analyzing SII and SIRI, we found that both markers had the same sensitivity of 86%. SII was more specific, with 68.3% vs. 51.7% for SIRI, with the cut-off values for SII being 493.57 and for SIRI 0.793.

In the available literature, several papers are on determining NLR and PLR BI in patients with CKD, while SII and SIRI are less common. According to recent studies, an essential place next to NLR and PLR is occupied by SII, which was more often examined in cardiac patients ²⁵.

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The first study related to the correlation of SII and CKD included 10,787 adult subjects from the United States of America when it was established that elevated SII values positively correlated with CKD and that the male population was more often affected ³⁸. In the future, the SIRI biomarker may be important in the assessment and prognosis of CKD patients, as it is associated with all-cause mortality and CVD mortality according to Wei et al. ³⁹.

Additional tests and studies on a larger sample are needed to determine the exact role and importance of determining these BI further.

Conclusion

Our study's results are similar to those of other authors who indicated that biomarkers of inflammation (NLR, PLR, SII, and SIRI) were statistically significantly elevated in patients with moderate and severe impairment of renal function. In patients with moderate and severe impairment of renal function stages III, IV, and V who did not start dialysis treatment, statistically significant correlations were observed in relation to the NLR, PLR, and SII, for most of the examined parameters characteristic of chronic kidney disease, while SIRI had no statistical significance.

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